

# BREAKFAST MENU

## Coffee

Espresso	\$3.00
Short Macchiato	\$3.50
Flat White/ Cappuccino	\$4.00
Latte/Long Black	\$4.00
Piccolo Latte	\$3.50
Long Macchiato	\$4.50
Mocha	\$4.50
Hot Chocolate	\$4.00
Chai Latte	\$4.50
Affogato	\$5.00
Iced Coffee/Chocolate	\$6.00
Iced Latte/Long Black	\$5.50
Babycino	\$1.00
Soy/almond/coconut milk	\$1.00
Extra shot	\$1.00

## Tea

Whister blower 100% organic  
\$4.50 for 1 or \$5.50 for 2

Ruby Breakfast	Pure Peppermint
Queen Rose	Meaningful Green
Soul Chai	Chamomile
Earl Grey	

## Fresh Juice

Apple Juice	\$6.00
Orange Juice	\$6.00
Pineapple Juice	\$6.00

## Cold Pressed Juice

<b>The Hulk</b>	\$9.50
Kale, Apple and Lemon	
<b>Dr Beet</b>	\$9.50
Beetroot, Celery and Apple	
<b>Hakuna Matata</b>	\$9.50
Watermelon, Strawberry and Apple	
<b>Flamingo</b>	\$9.50
Coconut, Rockmelon, Apple and Pink Papaya	

## Smoothies

<b>Banana</b>	\$10.00
Banana, roasted oats and honey	
<b>Mango Passion</b>	\$10.00
Mango, Passionfruit, Orange and Raspberry	
<b>Acai Berry</b>	\$10.00
Acai Berry, Banana, Apple and Granola	
<b>Summer Sunset</b>	\$10.00
Strawberry, Banana, Passionfruit, Mango and Orange	
<b>Green</b>	\$10.00
Spinach, Pineapple, Orange, Lemon, Coconut water and Mint.	
<b>Tropico Dream</b>	\$10.00
Passionfruit, Orange, Pineapple, Banana, Kiwi and Coconut	

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## Breakfast 6am-12pm

<b>French Toast</b> Vanilla Batter soaked brioche with caramelised Banana	\$18.00	<b>Blue Spirulina Bowl</b> Granola, Coconut and Seasonal Fruit	\$16.50
<b>Eggs on Toast</b> Cooked your way on Artisan sourdough	\$15.50	<b>Banana Crepes</b> Salted Caramel, Crème Chantilly and Granola Crunch	\$19.00
<b>Sweetcorn and Zucchini Fritters</b> Smoked Salmon, Poached Eggs, smashed avocado	\$22.00	<b>Eggs Benedict</b> Poached eggs, Ham on Sourdough	\$20.00
<b>Paleo Platter</b> Poached Eggs, Avocado, Nuts, Seeds and Spinach	\$16.00	<b>Smoked Salmon Croquette</b> Tomato Sala, Rocket And Japanese Mayonaise	\$20.00
<b>Smashed Avocado</b> Artisan Sourdough, Ricotta, Roasted Tomatoes and Poached Eggs	\$19.50	<b>Breakfast Waffles</b> Caramelised Cinnamon Apples with Vanilla Cream.	\$19.50
<b>Full Breakfast</b> Eggs cooked your way, Tomato, Cumberland Chipolata, House Hash, Bacon, Mushrooms on Sourdough.	\$24.00	<b>Sides</b>	
<b>Breakfast Steak</b> Eye Fillet, Poached eggs, Steaky Bacon, Tomato on Sourdough.	\$25.50	<b>Spinach or Roast Tomato</b>	\$4.00
<b>Acai Bowl</b> Granola, Seasonal Fruit, Goji berries and Coconut (v).	\$16.50	<b>Bombay Beans or Sausage</b>	\$5.00
<b>Pitaya Bowl</b> Dragon Fruit, Mango, Strawberry, Fruit and Coconut	\$16.50	<b>Smashed Avocado/ Streaky Bacon/ Smoked Salmon</b>	\$7.00
		<b>Mushrooms/House Hash</b>	\$6.00
		<b>Toasted Sourdough with Preserve</b>	\$3.00